

Notification of a Food-Health Relationship

This document enables notification to the FSANZ CEO of the details of a relationship between a food or property of food and a health effect, that has been established by a process of systematic review as described in [Schedule 6](#) and [Standard 1.2.7 – Nutrition, Health and Related Claims](#).

Further information about the notification process is available on the FSANZ website [here](#). **Please read this webpage before proceeding with your notification.**

All fields are mandatory

Business Information	
Person or Business	
Full address	
Contact phone	
Contact email	

Food-Health Relationship	
Health Effect	
Food or Property of Food	

Consent and confirmation	
Certificate attached	I confirm that my notification is accompanied by the required certificate. <input type="checkbox"/> Yes
Consent to publish	By checking the following box, a) I confirm that, for the purposes of Standard 1.2.7—18(3)(b), I am authorised to consent to the publication by FSANZ of the above name of the person or business, the address, the food or property of food and the health effect, including publication on the FSANZ website; and b) I consent to that publication. <input type="checkbox"/> Yes

Read and confirm

Please read and confirm

The Code provides that Standard 1.2.7 does not apply to any of the following foods:

- food that is intended for further processing, packaging or labelling prior to retail sale; or
- food that is delivered to a vulnerable person by a delivered meal organisation; or
- food, other than food in a package, that is provided to a patient in a hospital or a medical institution (see section 1.2.7—5).

This means the provisions of Standard 1.2.7 providing for notification of food-health relationship do not apply to these foods.

I confirm that the food-health relationship being notified does not relate to any of the foods listed above.

Read and confirm: Yes

The Code provides that a health claim must not refer to the prevention, diagnosis, cure or alleviation of a disease, disorder or condition (see section 1.2.7—8).

I confirm that the food-health relationship is not being notified for the purpose of making a health claim that will refer to the prevention, diagnosis, cure or alleviation of a disease, disorder or condition.

Read and confirm: Yes

Standard 1.2.7 provides that a notified food-health relationship may only be used as the basis for making a self-substantiated general level health claim. Notified food-health relationships cannot be used as the basis for making a high level health claim. A high level health claim is defined in Standard 1.2.7 of the Code to mean a health claim that refers to a serious disease or a biomarker of a serious disease. 'Serious disease' and 'biomarker' are also defined in Standard 1.2.7.

I confirm that the food-health relationship is not being notified for the purpose of making a health claim that will refer to a serious disease or a biomarker of a serious disease.

Read and confirm: Yes

Important information about therapeutic goods and novel foods

Before proceeding with your notification, please review the following information and consider the relevance (if any) to your particular circumstances.

Please read and confirm

Does the food-health relationship being notified refer or relate to a therapeutic good, including products declared to be a therapeutic good by the [Therapeutic Goods \(Declared Goods\) Order 2019](#)?

The Order, for example, declares the following to be therapeutic goods: 'goods that are labelled or promoted for cosmetic purposes, when used, advertised or presented for supply for oral consumption'.

The Code – including the provisions of Standard 1.2.7 providing for notification of food-health relationships – does not apply to products that are a therapeutic good. It is recommended that you obtain advice from your local food enforcement agency and/or your own legal advice about whether the food-health relationship you wish to notify will underpin a claim that relates or refers to a therapeutic good.

I confirm that I have read and understood the above information and have sought appropriate advice, where relevant, before making this notification.

Read and confirm: Yes

Does the food-health relationship being notified refer or relate to [a novel food](#) that will be: a food for retail sale; or an ingredient or a component of a food for retail sale? A novel food may only be a food for retail sale, or an ingredient or a component of a food for retail sale, if and when expressly permitted by the Code.

It is recommended that you obtain advice from your local food enforcement agency and/or your own legal advice about whether the food-health relationship you wish to notify will relate or refer to a novel food that requires an express permission in the Code.

You can also approach the [Advisory Committee on Novel Foods \(ACNF\)](#) to seek its view about whether the food is novel.

I confirm that I have read and understood the above information and have sought appropriate advice, where relevant, before making this notification.

Read and confirm: Yes

Once your food-health relationship notification has been received by FSANZ, FSANZ will check that all the necessary details have been provided and, if the information is complete, the food-health relationship will be published on the FSANZ website. You will be advised when this has occurred.

For further information please email FHR@foodstandards.gov.au.